



Ruth E. Clothier Monthly Newsletter March 2018

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Welcome to ECCDC!

Site Supervisor Corner

Parents please don't forget this month we have Picture Day on March 12th and 13th. Graduating students will take their Cap and Gown pictures during these days. This month each classroom will be doing Parent Teacher conferences. This is great time to talk with your child's teachers about any concerns and also to see where your child is developmentally. Make sure to give yourself enough time to meet with your child's teachers.

Parents as Partners

How to Limit your Child's Screen Time.
Children under the age of 6 watch an average of 2 hours of screen media a day. Media includes Television, DVD's, Video games, and mobile phones. The effects of television on children can be harmful to them in the long run.

Negative Effects Include:

- Carry a much higher risk of childhood obesity.
- Have less energy.
- Have a harder time in school.
- Have a hard time focusing on important task.
- Lack of interest in the natural world.

Here are some helpful tips to lower screen time.

- Set limited viewing times.
- Encourage other activities (coloring, building with legos, looking at books)
- No TV in the bedroom
- Playing games together as a family



Upcoming Events



- March 1- Let's Read Together Workshop
- March 2-Read Across America
- March 12- Parent/Teacher Conferences Begin
- March 12 & 13- Picture day

Staff of the Month

Clothier would like to welcome Yureidi Gallardo to the ECCDC team. Yureidi joined our team as a floater in November of 2017. Yureidi is kind, friendly and always engaging with the children. Welcome to the team Yureidi, we are so happy to have you!!

Birthdays of the Month

Happy Birthday!

Jonathan A., Samantha F., Adrian S., Aubrey G., Leilani N., Juan R., Kayleene M., Julio B., Hashly C., Cristian S., Sophia T., Trinity C., Sara P., Bayron S. and Sam N.

